



Join as a volunteer for our Mental Health and Psychosocial Support Project!

What is the MHPSS Project?

The MHPSS project provides short-term and preventive **psychosocial and well-being support** to refugees living in Athens. The programme focuses on supporting **mothers and families, unaccompanied minors, and patients referred internally by MSI doctors.**

Support is offered through:

- Parenting group sessions for mothers
- Short-term individual counselling for participants needing additional support
- Art-based psychoeducational workshops for unaccompanied minors
- Psychosocial needs assessments (patients referred by MSI Doctors)

What will be your role as a volunteer?

The volunteers play an essential and supportive role within the MHPSS programme. You will collaborate closely with the doctors at the Victoria Community Center, ensuring the continuity between the medical and psychosocial teams.

Key Responsibilities

- Plan and co-facilitate (together with the MHPSS Coordinator), **parenting group sessions** for migrant mothers, providing them with a safe, supportive and empowering space.
- Facilitate group **psychoeducational and art-based sessions** for teenagers and children.
- Perform individual sessions and **psychosocial counselling** with participants from the groups and/or patients referred by the medical team.
- Participate in MHPSS **team meetings** and in the evaluation of the project.
- Provide support with **administrative and/or logistical tasks** to ensure the running of the project.



Requirements

- Background in the **humanitarian field**: psychology, psychotherapy, occupational therapy, social education, pedagogy...
- At least **one year of experience** working with children, teenagers and/or families.
- Have **emotional skills** to deal with complex and stressful situations.
- Minimum **availability for two months** (priority will be given to volunteers committing to longer periods).
- Commitment and **awareness in migration issues** and refugee response within European borders.
- Being fluent in **English** (other languages are an asset)

How to apply?

You can directly send an email with your CV and motivation letter to the following email:

mhpss@medical-solidarity.org